









"Our consciousness is largely governed by the food we eat."

Our mission is to make the freshest, tastiest and most nutritionally excellent health food.

Freshness of our products is a priority because of which it tastes the way it does without any added sugar, preservatives or artificial flavouring.

Our passion to bring convenience, function, nutrition and delicious taste together inspires us to create great tasting, nourishing and sustaining health food.

By carefully selecting only high quality, nutrient-dense ingredients, our aim is to promote healthy natural eating and to improve one's quality of life.

- No added sugar or salt
- No added preservatives
- No artificial flavouring
- No artificial protein powders
- No fillers like oats, quinoa, rice crisps etc
 - No artificial essences

Made in small batches, to retain freshness and potency of products and ingredients.



We are happy to tailor-make our wellness hampers and gift boxes to your requests.

We have a variety of products for you to hand - pick from.

PURE - health bars NEARLY NIRVANA - almonds & cranberries WAKE UP WELL - amaranth & seed mix granola PURE BLEND - dried dates & almonds PURE BLEND - dried cherries & cashew PURE BLEND - cranberries & sunflower seeds PURE BLEND - dried apricots & almonds PURE BITES - coconut & rose PURE BITES - date & nuts PURE BITES - chocolate & dates PURE BITES - ayurvedic





Consciously curated artisanal tisanes, hand-blended with intention...

Four unique offerings.

"Sometimes the most thoughtful gifts are the ones that allow the receiver space & time for contemplation."

caffeine free | loose - leaf | 100% pure herbs

